

Oxygen

ROBERT KENNEDY'S
WOMEN'S FITNESS

Live Longer
CUT YOUR CANCER
RISK TODAY! PG. 60

**WWE
STAR**

Trish Stratus

**"IT'S MY QUICK & EASY
SECRET TO A TIGHT BOD!"**

COMPETING IN FITNESS
Can you afford to play with the big girls?

**STEAL THIS SUPER
45-MINUTE**

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Pevonia Botanica Body-
Svelte Gel leaves your
skin irresistibly soft.
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makeup bag

6 MUST-HAVES

HANDPICKED BY OUR EDITORS

**BATHING
BEAUTIES**

Spongeables soap-
infused sponges put
the whoo-hoo! into
your morning shower.
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say
"YES" To

beauty watch



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