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What really matters to moms

Parenting

Surprise!
How your life changes after each baby

KIDS' HEALTH

Getting the most out of your child



the busy mom's gift guide

daddy time
(Hint: get out of his way)

Busy

From nagging to yelling
Break your bad discipline habit

www.parenting.com
800.849.9889

beauty loot
She's a teen. Who knows what she likes? You can't go wrong with these goodies (from the drug-store-easy!): Sally Hansen Beyond Perfect Protein Nail Color, \$5. Spongables's Soap 'n Sponge All In One in six scents, \$5, by Sponge Tech. CoverGirl Star-Kissed Lip Kit, \$6

